

# **Healthy Kids Make Better Learners**

## **School Based Health Center**

# **Advisory Board**

Feb. 8, 2017

#### 1. Total Number of students enrolled at:

A. Murphy: 364/406 (90%)

B. Walsh: 701/891 (78.7%^)

C. Branford High:622/929 (67%^)

The SBHC DPH QI goal is to enroll 70% of the student body in a district and Branford has reached 76 with a 4% increase overall from the last advisory meeting in Oct.!!

### 2. Legislative concerns and Pamphlet

SBHC's are expecting a funding cut of somewhere between 5-10 % this year. We are looking into other avenues of funding to support smaller initiatives. Branford SBHC will testify at the LOB on 2/23 and one of our families will be presenting at this event. A pamphlet of our success in Branford SBHC is currently in print and will be shared with the committee as well as distributed to our legislators on 2/23. This pamphlet highlights some of our QI initiatives, problems, impact and successes.

### 3. Total Number of Vaccines Administered including the flu: 492

### Open Discussion

- MTM: Murphy SBHC highlighted their new initiative: the Y Be Fit program. This program is being piloted to between 10-20 SBHC enrolled students in the 4th grade.
- WIS: Walsh SBHC highlighted the Y Be Fit's 2nd group of 7/8th graders this year. Also discussed was the Harvard School Mental Health Conference that some of us attended this past weekend and what an AWESOME two day conference it was.
- BHS: The high school SBHC discussed another successful suicide prevention program for 9th graders and are excited to move on to the next piece of that program, which is called Next Steps and is a program targeting 12th graders. It will be piloted in the Spring in the Advanced Health classes. The SBHC will be hosting a Smoking Cessation program and is currently looking into a Marijuana prevention program.
- Eastshoreline Health Dept.: discussed the possibility of regionalizing public health and the impact that may have on services as well as provided a Community Health Improvement Plan update. The assessment is complete and prioritizing has begun. Representatives from SBHC are participating in the CHIP and assisting in prioritizing and planning for mental health services as well as exercise and nutrition.

- Community Diningroom Update: SBHC and CDR are collaborating on a Tuesday kids night dinner. Principals and SBHC staff will be serving dinner throughout the winter to families and there will be kids activities and outreach happening. At the end of March, CDR will host Friday night family dinners and SBHC will assist in the outreach for those events. We are also currently collaborating on a small grant for our SBHC/CDR summer Tuesday night family meals on the green collaboration to assist in off setting the cost of entertainment programs and food.
- Branford Counseling Center Update: Peter discussed the funding crisis at BCC with housing for his homeless population and that recently there has been an influx of kids in the district (10) that are currently considered homeless. Peter also spoke about the Prevention Council that is lead by BCC but partnering with the school district and SBHC. The council will host John Morello, a one man show, on March 9th from 7-830p at Walsh Intermediate School. John has been traveling the country and performing in crowded theaters, basement classrooms, small towns, and big cities. Regardless of the setting, he is always overwhelmed by the response he gets from young people, educators, and parents. While many in our daily life seem to disconnect and spend their lives in front of screens or gadgets, John invites his audience to connect with one man on a stage. In school environments where many speakers condescend, yell, or mimic the pop culture of youth in an attempt to "relate," here is one man telling his story in a way that respects his audience. A story, both humorous and touching, that creates an honest conversation about tough issues like drugs, bullying, depression, and diversity. A story which reminds us of the power of live performance and illustrates our connection to all around us. A story which he hopes to share with young people everywhere.
- YNHH: Connie and Carla provided an overview of the success of their recent Joint Commission visit and their accreditation. They discussed the new standards and ways of measurement that have changed.
- Mobile Dental: Shannon Bali provided an overview of the program as well as the next strpes they are taking to connect with the community and do outreach.
- PC SBHC: Annie and Phyllis provided an update on the grant and where they are in the process with alighning with the standards of a patient centered SBHC.